



## Monthly Growing Guide July 2024

### *July...*

is when we really begin to enjoy our harvests and to plan ahead for the Autumn and Winter. Look out for signs of potato and tomato blight, if conditions turn humid.

### **Sowing Outdoors into Soil or Containers.**

*Succession sowing of ;*

*Beetroot, Radishes, and Lettuce. Cauliflower, Cabbage, Kale , Broccoli, Purple Kale, Pumpkins and Squashes, Pak Choi. Fennel, Peas and Beans, Carrots (last chance!), Spinach, Xmas spuds (try Charlotte).*

### **Sowing Indoors in Pots or Trays**

*Sprouts, Cabbage, Cauliflower, Broccoli, Pak Choi.*



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### Planting Outdoors

*Sprouts, Peas and Beans, Leeks, Salad plants, Spring Onions, Marigolds and Nasturtiums(to protect carrots).*

### Tasks

- *Water all of your sowing and plants weekly or twice weekly indoors or in dry weather. Collect Rainwater for Summer use.*
- *Feed tomatoes and cucumbers weekly with organic liquid feed. Pinch out side shoots on tomatoes.*
- *Weed all planted areas thoroughly to prevent weeds being a problem in late summer.*
- *Check ,Clean and Sharpen Tools.*
- *Continue organic Wildlife Management Measures. Use no chemicals.*
- *Remember to feed and water all containers regularly.*
- *Use net or fleece to protect sprouts from birds.*



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- *Ensure a trusted person looks after your plants if you are on holiday. Be willing to do the same for friends ,family and neighbours.*
- *Take some time to think about your planting for the Autumn and Spring. Write down your plan and source the seeds that you will need.*
- *If blight appears on your potatoes, cut the stems back to soil level and dispose of them safely. Do not compost affected plants.*

## Harvesting

*Harvest and enjoy , early potatoes, courgettes, onions, peas, beans, lettuce, beetroot, carrots, radishes, gooseberries, strawberries, summer fruiting raspberries, blackcurrants, cucumbers and tomatoes.*



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### Tip of the Month

*Aphids such as Blackfly can be an unsightly problem in July. Especially attracted to beans. Remove them organically by using a cold garlic spray. Crush a garlic bulb into 1.5 litres of water. Bring to the boil. Allow to cool and sieve out the garlic debris. Fill any clean spray bottle and apply to your plants on a windless day. Don't get it on your clothes!*